

愛康性平之路



認識青春期的你

平常日 &
月經前後

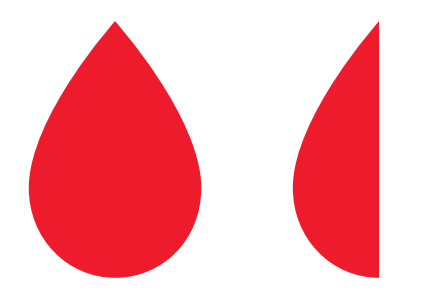
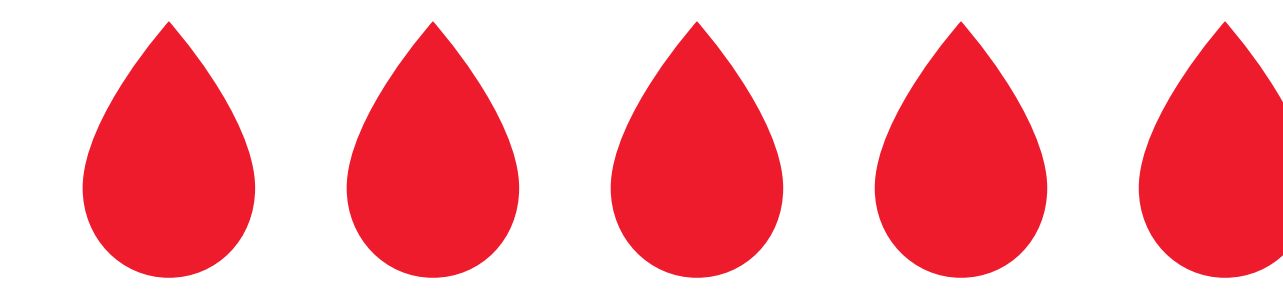
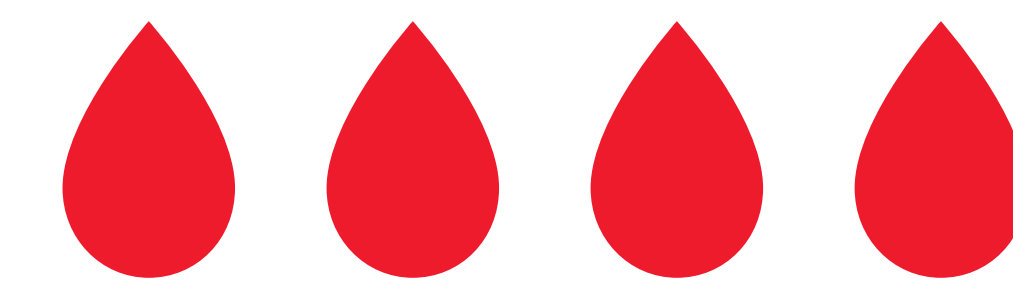
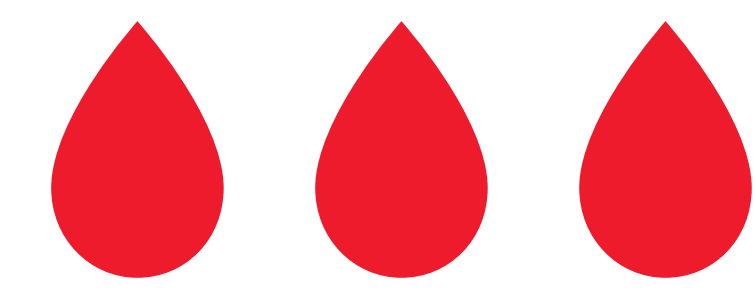
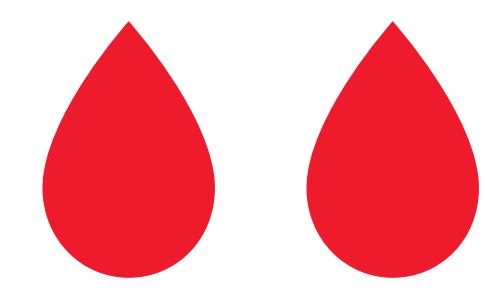
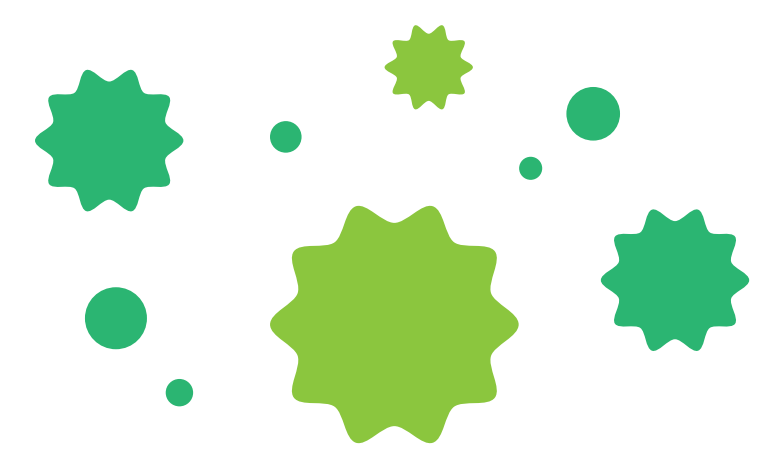
月經
第一天白天

月經
第一天晚上

月經
第二天到第三天白天

月經
第二天到第三天晚上

月經
第四天到最後一天



Empty box for notes related to normal days and before/after menstruation.

Empty box for notes related to menstruation on the first day during the day.

Empty box for notes related to menstruation on the first day at night.

Empty box for notes related to menstruation from the second day to the third day during the day.

Empty box for notes related to menstruation from the second day to the third day at night.

Empty box for notes related to menstruation from the fourth day to the last day.

